

Mount Kilimanjaro & Safari Personal Clothing List:

The temperatures can be very cold as we ascend above the 15,520 foot high Kibo Hut and towards the 19,340 foot summit of Mount Kilimanjaro. The need for warm clothing on our Mount Kilimanjaro hike is only for a short period of time, mainly from 4:00 P.M. on the fourth day to 11:00 A.M. on the fifth day. Warm clothing will be needed while we are resting at the 15,520 foot high Kibo Hut to begin the midnight start of our hike to the summit. The wind chill factors could reach -10 degrees below zero F on the upper slopes.

There is no need to spend a lot of money for expensive outdoor clothing. Layers of clothing will work best. Many participants will bring inexpensive clothing with the idea of giving it all away to the porters or to the villagers living around the base of the mountain.

- Socks (remember two layers of socks with boots, a thin layer and a thick layer) bring plenty of synthetic socks and liner socks that wick moisture away so feet remain dry and warm. You will be hiking over 51 miles round-trip through five types of climatic zones from rain forest up to an arctic environment. Six pairs of each type of sock (liner and synthetic outer sock) will not be too many. One set for each day of the climb. The porters will be carrying 25 pounds of your gear, so you should try to pack less than 25 lbs. for your Kilimanjaro hike. You should not be carrying any more than 10 lbs. of gear on your back during the hike.
- Lightweight boots (they must be well broken in; they should not still be brand new). Bring the lightest weight boot that you can find that still has descent ankle support. Bring also a pair of jogging shoes for the Kilimanjaro hike in case your hiking boots do not work out. Bring Teva sandals (or similar) for the game safari.
- Lined wind-breaker jogging pants made of synthetic wicking materials, not cotton. Wind-breaker pants are a must for hiking above the 15,500 foot Kibo Hut.
- Pile or fleece pants with a windbreaker over pant if you cannot find all weather synthetic jogging pants.
- Large thick pile, fleece jacket, over a synthetic wicking undershirt layer.
- Second large thick pile fleece jacket, should fit over first thick layer of fleece under-layer jacket. Try this on to make sure they fit over each other without constriction.
- Waterproof, windproof parka with hood for hiking through the rainforest; you will be hiking in shorts through the rain forest, but have your water proof pants ready to put on if it starts getting cooler. Bring a waterproof/ breathable jacket. There will be a fire inside both the Mandara Hut and the Horombo Huts so you can dry any wet clothing even in cloudy weather in the comfort of the hut. If the sun is shining at these two huts, the wet items will dry quickly as soon as you arrive at the hut from your hike. While you are drying your clothing, either inside or out, you can enjoy sipping hot tea and eating fresh made cookies prepared by the cooks.
- If wearing two thick fleece jackets above the Kibo Hut, make sure you are able to wear your waterproof/ breathable/windbreaker jacket with a hood comfortably over these two thick fleece under layers. You can purchase two really thick fleece jackets at outdoor mountain shops.

- Balaclava (ski mask covering the whole head). **This is very important for the ascent to the summit.** It is so cold and the wind is at times very strong. The balaclava will keep the cold from penetrating your face, head and down your neck.
- Thin liner gloves
- Mittens or gloves
- A sleeping bag rated to 15 degrees F
- Hat with visor or brim
- Synthetic hiking shorts
- Synthetic short sleeved shirts for hiking
- 2-2 liter, wide mouthed, water bottles
- Headlamp with extra batteries. This is needed for the ascent from the Kibo Hut to the summit.
- First-aid Kit (Pills (headache, antihistamine, antiseptic, stomach disorder, antibiotics, prescriptions); bandages, toe nail clippers, tweezers, etc.
- Bring antibiotics for treating any intestinal problems. This is important. This could save your climb as you ascend Mount Kilimanjaro.
- Watch (with alarm)
- Sunglasses
- Tooth brush/toothpaste
- Collapsible Trekking Poles
- Day Pack or Fanny Pack for hike,
- Handkerchief / bandanna
- Water purification tablets/ water filter.
- Camera, film, memory sticks, batteries, charger, etc.
- Deodorant
- Personal snacks for the six-day climb. All meals are provided, but your favorite energy snacks are important to keep you energized with sufficient energy boost throughout the day.
- Toilet paper for hike, just incase.
- Large garbage bags to keep items dry. Keep your clothes in this bag inside your locked duffle.
- Duffle bag with a lock to transport gear on mountain by porters. This safeguards your gear.

- Extra duffle bag to store items at Springland Hotel while hiking on the mountain and to store in Arusha while on Safari.
- Sun cream, highest factors.
- Chap Stick for lips.
- Clothing for Safari; comfortable and colorful. Makes for better pictures!
- Shorts and T-shirts- it is warm in the daytime 70-90 F....cool in the evenings (40-60 F).
- Dress slacks and comfortable shirts and sweaters for evening dining in Safari Lodges. The evenings cool off quickly so dress accordingly.